



SEPTEMBER | 2018

Manchester Local Schools Breakfast Menu K-12

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Milk Choice- Fat Free Chocolate, Fat Free Strawberry, or 1% Low Fat White				
3 No School Labor Day	4 Breakfast Pizza Juice Fruit-Choice ½ Pint Milk-Choice	5 Cheese Omelet WG Toast Juice Fruit-Choice ½ Pint Milk-Choice	6 Pancake Sausage Wrap w/Syrup Juice Fruit-Choice ½ Pint Milk-Choice	7 WG Mini Donuts Juice Fruit-Choice ½ Pint Milk-Choice
10 Go-gurt Mini Muffins Juice Fruit-Choice ½ Pint Milk-Choice	11 Trix Cereal Bar Cheese Stick Juice Fruit-Choice ½ Pint Milk-Choice	12 Mini Pancakes w/Syrup Juice Fruit-Choice ½ Pint Milk-Choice	13 WG Dutch Waffle Juice Fruit-Choice ½ Pint Milk-Choice	14 Egg, Sausage, WG Toast Juice Fruit-Choice ½ Pint Milk-Choice
17 Cinnamon Toast Juice Fruit-Choice ½ Pint Milk-Choice	18 Mini Waffles w/Syrup Juice Fruit-Choice ½ Pint Milk-Choice	19 Blueberry Muffins Juice Fruit-Choice ½ Pint Milk-Choice	20 Sausage Biscuit Juice Fruit-Choice ½ Pint Milk-Choice	21 WG Mini Donuts Juice Fruit-Choice ½ Pint Milk-Choice
24 Yogurt Cup Graham Crackers Juice Fruit-Choice ½ Pint Milk-Choice	25 Breakfast Pizza Juice Fruit-Choice ½ Pint Milk-Choice	26 WG French Toast w/Syrup Juice Fruit-Choice ½ Pint Milk-Choice	27 Egg & Cheese on WG Biscuit Juice Fruit-Choice ½ Pint Milk-Choice	28 WG Biscuit & Gravy Juice Fruit-Choice ½ Pint Milk-Choice

Manchester Local School District

*Whole Grain Poptarts, Donuts, & Cereal
Offered Daily

WG-Whole Grain
➤Sauces, Dressings, & Gravy are served
on the side

**Menu is subject to
change**

*This institution is an equal opportunity
provider.*